

Jaguar Cars Sports and Social Club Newsletter

ISSUE 1

DECEMBER 2015

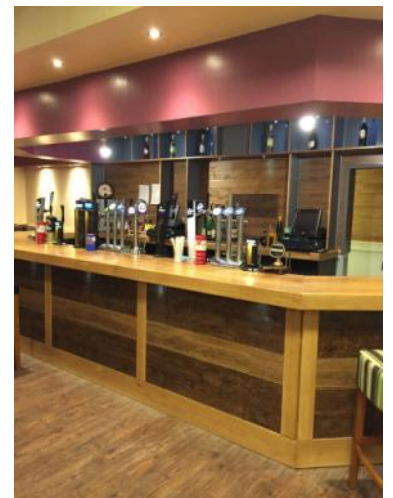
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NEWLY REFURBISHED SOCIAL CLUB

The refurbishment of the bar area and function room is finished! We now have newly laminated floor, new furniture from chairs, tables and even a sofa! There is also a newly designed bar and even bigger TV screens for you all to watch. Even though it has given us sleepless nights its fair to say the builders have done an outstanding job, even if they did set off the fire alarm numerous times. I hope you enjoy the new relaxed and modern looking facilities. If its to come and watch the football, play snooker

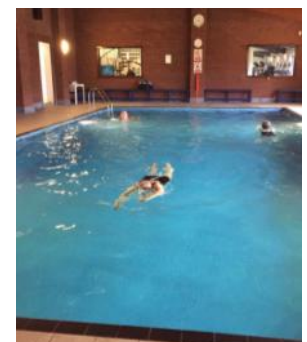
or just for a quiet drink with a few friends then we look forward to hopefully seeing both old and new faces down the social club soon. If you are interested in booking the function room for a party, wedding, christening, funeral, etc.(200 capacity) then call the office on 02476 405 734 to speak to Steve or Rob and they will assist you with your enquiries.



New early opening times in the leisure centre

Starting from the 1st October the leisure centre began a 3 month trial period of earlier opening times. The gym and health suite are open from 7am - 9pm Monday to Friday. We also now have a new early bird swim between 7am-9am Monday to Friday. There are no changes to the Sunday and

Saturday opening times. So if your feeling run down or too tired to exercise after work why not try going before as it sets you up ready for the rest of your day feeling good knowing you have done some exercise or relaxed in the sauna, steam room and Jacuzzi.



Early Bird Swim

Family Night



On the Twelfth day of Christmas the Jaguar Social Club gave to me...

- 12 People dancing
- 11 Children playing
- 10 Bar staff working
- 9 Adults laughing
- 8 Cleaners cleaning
- 7 Lifeguards swimming
- 6 Security guards
- 5 Jagerbombs

- 4 Carlings
- 3 Pool tables
- 2 Hole's in the wall
- And 1 very tired manager



Ho, Ho, Ho!

Santa Claus is coming to town EARLY!

Friday 18th December
Start: 6.30pm

Great fun for all the family!

Great fun for the kids with a chance to meet Santa!

Lots of fun and games on for the children.



DJ on throughout the evening

Food available through hole in the wall.

A prize for the best fancy dress costume (be creative)

Presents and prizes to be won throughout the night.



Tickets available from behind the bar and a free for all members!

Non-members tickets are available for £16 per family (2 adults and up to 6 children) or £6 and adult and £2 a child.

We hope to see you there and from all the Jaguar Cars Sports and Social Club staff we hope you have a Merry Christmas and a Happy New year!



Membership Renewal

All memberships were due for renewal on the 1st of October 2015.

Forms are available behind the bar in the social club or at reception in the leisure centre.

You must bring your membership card or receipt of payment while membership is being processed every time you use either facility to prove you are a member.



A reminder that if you pay for your membership by card then there is a 40p card surge charge.

You do not have to work for Jaguar to use either facility!

All memberships need to be renewed from the 1st October 2015.

Membership Prices

Social Club Only

Associate - £16.00
Pensioner (Over 65) - £8.00

Associate Leisure Centre and Social Club

Adult Single - £28.00
Member & Partner - £40.00
Family - £54.00
Pensioner Single - £14.00
Pensioner & Partner - £20.00

Jaguar Cars LTD Employee Leisure Centre and Social Club

Adult Single - £12.00
Member & Partner - £24.00
Family - £38.00
Pensioner Single - £6.00
Pensioner & Partner - £12.00

Sports on the TV



Channels

Sky Sports
Eurosport
ITV and BBC



Sports and main events this December:

Football

Premier League
Championship
League One
La Liga
Scottish Premier
League Cup quarter finals
Europa League

Rugby

Guinness PRO12
European rugby challenge cup
European rugby championship cup

Darts

World darts championship

Cricket

South Africa vs England
New Zealand vs Sri Lanka
Australia vs West Indies

Golf

PGA Tour
LPGA Tour

Monthly Pass - ONLY £25

Newly refurbished gym as of October last year with all new pulse equipment.

Monthly pass is £25 for all ages and includes unlimited use of our gym, pool and health suite facilities (sauna, steam room and jacuzzi).

The monthly pass can be used throughout the whole month during anytime that the leisure centre is open.

GYM



'Includes unlimited use of the GYM, POOL and HEALTH SUITE facilities'

Equipment includes

Cardiovascular machines:

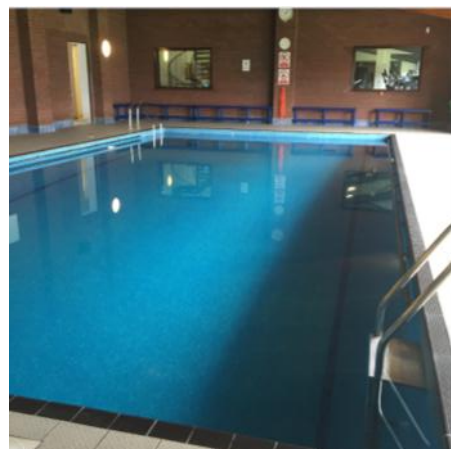
- Treadmills
- Cross trainers
- Bikes
- Rowing machines
- Stepper machine
- Step master
- Power plate
- Lateral trainer
- Ab frames

Weights area:

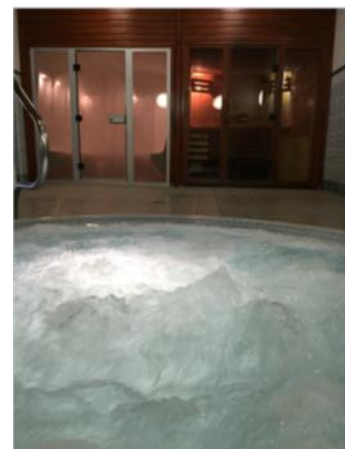
- Leg press
- Leg extension
- Hamstring curl
- Shoulder press
- Lateral pull down
- Chess press
- Smith machine
- Duel pulley
- Abductor/Adductor
- Free weights

Dance studio:

- Punch bag
- Free weights
- Skipping rope
- Weighted hula hoop
- Mats
- Gym ball
- Medicine ball



POOL



HEALTH SUITE

Timetable and Opening times

Leisure Centre Timetables

NEW Pool Timetable

Monday	Early Bird Swim 7am-9am	Family Swim 3pm-4pm	Junior lessons 4pm-6pm	Family Swim 6pm-7:30pm	Adult lessons 7:30pm-9pm	
Tuesday	Early Bird Swim 7am-9am	Family Swim 3pm-4pm	Dinky Divers 4pm-6.30pm	Family Swim 6:30pm-8pm	Adults only 8pm-9pm	
Wednesday	Early Bird Swim 7am-9am	Family Swim 3pm-4pm	Dinky Divers 4pm-6.00pm	Family Swim 6:00pm-8pm	Adults only 8pm-9pm	
Thursday	Early Bird Swim 7am-9am	Family Swim 3pm-4pm	Junior lessons 4pm-6pm	Adults only 6pm-7pm	Family Swim 7pm-9pm	
Friday	Early Bird Swim 7am-9am	Family Swim 3pm-4pm	Junior lessons 4pm-6pm	Family Swim 6pm-7pm	Wet 'n' Wild 7pm-8pm	Adults only 8pm-9pm
Saturday	Junior Lessons 8:30am-3:30pm	Pool Party 3:30pm-4:15pm				
Sunday	Adults Only 8:30am-9:30am	Family Swim 9:30am-1pm	Adults Only 1pm-2pm	Family Swim 2pm-3:30pm	Pool Party 3:30pm-4:15pm	Turtle Tots 4:15pm-4.45pm

Classes Available

Day	Class	Time
Monday	Contemporary Dance	6:00pm-7:15pm
Monday	Zumba	7:30pm-8:30pm
Tuesday	Tae Kwon-Do (kids)	6:30pm-7:30pm
	(Adult)	7:30pm-8:30pm
Wednesday	Zumba	7:00pm-8:00pm
Thursday	Tai Chi	8:00pm-9:00pm

Gym and Health suite Timetable

Day	Time
Monday	7am – 9 pm
Tuesday	7am – 9 pm
Wednesday	7am – 9 pm
Thursday	7am – 9 pm
Friday	7am – 9 pm
Saturday	8.30am – 4pm
Sunday	8.30am – 4.30pm

Social Club Opening Times

Bar Opening Times

Monday: 4.00pm to 11.00pm
 Tuesday: 4.00pm to 11.00pm
 Wednesday: 4.00pm to 11.00pm
 Thursday: 4.00pm to 11.00pm
 Friday: noon to 11.30pm
 Saturday: noon to 11.30pm
 Sunday: noon to 10.30pm

Hole in the Wall Opening Times

Monday	4.00pm – 9.00pm
Tuesday	4.00pm – 9.00pm
Wednesday	4.00pm – 9.30pm
Thursday	4.00pm – 9.00pm
Friday	4.00pm – 9.30pm
Saturday	8.45am – 6.00pm
Sunday	12.00pm – 5.30pm

Hole in the Wall



With over 50 years catering experience in the hole in the wall team, they deliver food of a high standard, to suit your budget which is fresh and well presented.

They can cater for all occasions from children parties to sit down four course meals for weddings etc.

They cater for all functions but also offers a food server which caters for the need of the clubs customers.



Caters for all types of events such as:

- Weddings
- Birthdays
- Funerals
- Christenings
- Parties
- ETC.

MENU



Contact Details

Jaguar Sports and Social Club, Fenton Lane, Allesley, Coventry, CV5 9PS
 Phone: 02476 405734 or 07534957132
 Email: info@theholeinthewallcov.co.uk or steve@jaguarclub.co.uk

Leisure Centre Course

Aquatic Teaching Baby and Pre-school Course

STA Level 2 Award in Aquatic Teaching Baby & Pre-School

Venue: Jaguar Cars Sports and Social Club

**Dates: Sunday 31st January 2016
Saturday 6th February 2016
Sunday 7th February 2016**

**Course Times: Approximately
9.30am - 5.00pm**

Thought of a new career as a baby and pre-school swimming teacher then this is the course for you!

No previous experience necessary.

Fully instructed by a qualified trainer, with time to practice in the water as well!

For further information or to book onto the course contact Cheryl:

Cheryl_bavington@hotmail.com



New Years Eve Party



Why not see the new year in with close friends and family down the Jaguar Cars Sports & Social Club.

The party begins at 7.30pm and goes on until 1am. Note the bar will close between 11.45 and 12.15 to see in the new year.

Tickets are free for all members. Non-members tickets are available for £16 per family (2 adults and up to

6 children) or £6 and adult and £2 a child.

Tickets are available behind the social club bar or leisure centre reception.

We look forward to seeing you all there, if not see you in the new year!

"Come and join us to see the new year in with a bang"



Wishing you a happy new year from all the Jag staff. Let's all go and embrace 2016 and make it our year!



Holiday Closures

Leisure Centre

Thursday 24th December 2015

Friday 25th December 2015

Saturday 26th December 2015

Thursday 31st December 2015

Friday 1st January 2016

Social Club

Open all over Christmas and new year with some changes in opening times which are stated below.



Christmas and new year opening times

Leisure centre

Opening times are the same other than the closures above where the centre is closed all day.

Sorry for any inconvenience caused by the closing dates!

Social Club

Christmas eve
12pm - 11.30pm

Christmas day
11am - 2pm and 7pm - 10.30pm

Boxing day
12 noon - 11.30pm

Sunday 27th December 2015
12 noon - 10.30pm

Monday 28th December 2015
4pm - 11pm

Tuesday 29th December 2015
4pm - 11pm

Wednesday 30th December 2015
4pm - 11pm

New Year's Eve
12 noon - 3pm and 7.30pm-1am
(Note: The bar will be closed between 11.45pm and 12.15am)

New Year's Day
12 noon - 11.30pm

Saturday 2nd January 2016
Normal Opening Hours



What you missed in October/November

Halloween Party

The Halloween party was again a scarily and spooky success. With some brilliant but frightening fancy dress being worn by kids, adults and staff. I hope everyone who was there had a great time and we hope to see you at family night in December.



October Half Term Crash Course

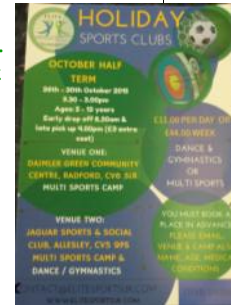
Another very successful crash course taken by our swimming teachers. Running a weeks course for swimmers that are beginners or improvers.

If you did not manage to get on this crash course but would like your child to be on a future crash course then book onto our February half term, Easter or summer swimming crash courses.



October Half Term holiday activities with Elite

Dance + Gymnastics and Multi sports camp took place over the October half term. Which saw a great turn out from kids of all ages. They enjoyed numerous activities taken by qualified and enthusiastic coaches.



If you missed out this time be sure to look out for future camps run by elite development Coventry.

Inspirational

Quote:

“Persistence can change failure into extraordinary achievement”

NEW Early opening times

The 3 month trial period began on the 1st October with the leisure centre opening from 7am, which included a 7-9am early bird swim.

The first month has been a great success with a lot of regular faces taking advantage of the earlier opening hours and saying it really sets them up well for the day before they go to work.

We hope to see some new faces down soon!

NEWLY refurbished sauna

The sauna was refurbished in September 2015 and has brand new wooden walls and benches.

It has a brighter more modern look and feel to it, making it great for relaxing after a hard days work or after being in the gym and pool or playing squash and football.

To use the sauna and our other health suite facilities (steam room and Jacuzzi) it will only cost £3.20 this also includes use of the pool.

NEW dance studio classes

Contemporary dance a new class on a Monday night between 6-7.15pm.

An extra session of Zumba now on a Monday between 7.30-8.30pm as well as a Wednesday at the same time.

Just turn up on the day to join the class, prices depend on class. You do not have to be a member to take part in the class but non-members must pay a 50p guest fee as well as price of class.

